



## 7<sup>TH</sup> ICSET MEETING 15<sup>TH</sup> ICSES

Lifting Up the Global Knowledge

# 7<sup>TH</sup> INTERNATIONAL CONGRESS ON SHOULDER AND ELBOW THERAPY ROME CAVALIERI WALDORF ASTORIA HOTEL



### UNDER THE AUSPICES OF



American  
Society of  
Shoulder &  
Elbow  
Therapists



Dear friends, Physiotherapists and Rehabilitation Doctors,  
As President of the newly founded **ICSSSET** (International Confederation of Scientific Societies for Shoulder & Elbow Therapy - founded by representatives of EUSSER, SEPA, ASSET and JSS), it is my great pleasure to announce the **7th ICSET World Congress** (International Congress Shoulder & Elbow Therapy) that will be held **in Rome from the 6th to 8th of September 2023** in the splendid setting of the **Rome Cavalieri Waldorf Astoria Hotel**, with an unmissable view over all of Rome. The Congress will see the **participation of famous experts** of the sector from all over the world, both physiotherapists and surgeons, that will share the most up-to-date knowledge regarding the management of shoulder and elbow pathologies both conservatively and possibly post-surgically. Moreover, **three pre-congress courses**, aimed at managing specific pathologies and expressly set up to foster cultural and experiential exchange with the teachers, will precede the Congress. In addition, for the **first time** in the history of the ICSET congresses, with their registration fee, the participants at the Congress will be **able to participate not only in the ICSET Congress works** (i.e., targeted symposiums, presentation of original scientific papers, debates between surgeons and physiotherapists, keynote lectures by famous therapists & surgeons, parallel workshops aimed at acquiring knowledge and skills useful in daily work practice) **but also at the ICSES Congress sessions** (the surgeon's Congress): two birds with one stone! You wish to come to Rome from extra EU, but cannot make it? No worries, we got you covered! Aware of the difficulties that there might be in coming to Rome from faraway, thanks to ad hoc video recording, it will also be possible (**only for extra EU Physiotherapists**) to review the main sessions of the Congress on demand, through the official website, from a couple of days up to 2 months. Such great efforts have been put to have your maximum participation both in presence and remotely: we strive for a real sharing of scientific, technical and experiential knowledge to benefit everyone, and **your participation is important to us!** My goal, and that of the entire ICSSSET board, is to put at your disposal a platform dedicated to ... **"Lifting up the Global Knowledge"**! **We look forward to seeing you at the ICSET congress in Rome, the Eternal City**, which will be able to fascinate us with an extraordinary Congress along with its priceless treasures of art and culture.

Marco Conti, MD, PhD  
ICSSSET President

### REGISTRATION

	ONSITE From July 4, 2023 and onsite
PRECONGRESS COURSE*	150,00 €
THERAPIST (Physiotherapist)**	450,00 €
VIRTUAL ON DEMAND***	200,00 €

Fees are quoted in euro (EUR), per person, including 22% Italian VAT. Should VAT increase, registration fees will be adjusted accordingly.

\* Registration fee includes: in-person attendance to one pre-congress course (to be held on September 6, from 8 to 12) and certificate of attendance

\*\* Registration fee includes: in-person attendance to ICSES and ICSET scientific sessions and exhibition, congress material, welcome cocktail, coffee breaks, certificate of attendance

\*\*\* Registration fee includes: virtual ondemand access to the ICSET pre-registered speeches from plenary room sessions only and certificate of attendance. Virtual ondemand access will be available through a dedicated section on the official website from a couple of days after the congress end and up to 2 months after. The Organising Secretariat will send an access code to enter the platform.

#### ICSSSET FOUNDERS

Marco Conti (ICSSSET President)  
Karen Ginn (SEPA & Scientific Committee President)  
Rebecca Dickinson (ASSET)  
Bruno Santullo (EUSSER)  
Takayuki Muraki (JSS)

#### ORGANIZING SECRETARIAT



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# SCIENTIFIC PROGRAMME

## WEDNESDAY SEPTEMBER 6

TIME	ROOM	SESSION	
08.00-12.00		<b>Pre Congress course/s</b>	■
	ICSET 1 ROOM (Michelangelo 1)	1. Practical application of WIP1 rehabilitation for multidirectional instability of the shoulder <i>S. Balster (Australia)</i>	
	ICSET 2 ROOM (San Pietro)	2. Clinical reasoning to inform the choice of exercises for patients with shoulder dysfunction - evidence & application <i>K. Ginn (Australia)</i>	
12.15-12.45	STEPHEN COPELAND ROOM	<b>Rockwood Lecture</b>	■
12.50-13.50		<i>Luncheon Sessions</i>	
13.30-15.00	ICSET 1 ROOM (Michelangelo 1)	<b>Congress Start - Keynote address</b> <i>Chair: M. Conti (President ICSSSET)</i> 1. The frozen shoulder: the past, present and future perspective - <i>F. Struyf (Belgium)</i> 2. Defining biomarkers of recovery in patients with rotator cuff tendon disorders - <i>L. Michener (USA)</i>	■
15.05-15.35	STEPHEN COPELAND ROOM	<b>Kessel Lecture</b>	■
16.45-17.45	STEPHEN COPELAND ROOM	<b>ICSSSET/ICES Opening Ceremony</b>	■
18.00-18.30		<i>COCKTAIL - Societies members meeting</i>	

## THURSDAY SEPTEMBER 7

TIME	ROOM	SESSION	
08.30-10.00	ICSET 1 ROOM (Michelangelo 1)	<b>Workshop</b> Non-operative management of shoulder instability: a new clinical framework - <i>M. Olds (New Zealand)</i>	■
	ICSET 2 ROOM (San Pietro)	<b>Free papers:</b> Shoulder assessment <i>Chair: T. Muraki (Member ICSSSET Board)</i>	■
10.30-12.00	ICSET 2 ROOM (San Pietro)	<b>Free papers:</b> Post surgical Rehab Strategies <i>Chair: B. Santullo (ICSSSET Treasurer &amp; President EUSSER)</i>	
10.40-11.10	COFFEE BREAK AREA	<i>Coffee break</i>	
12.15-12.45	STEPHEN COPELAND ROOM	<b>Codman Lecture</b>	■
12.50-13.50		<i>Luncheon Sessions</i>	
13.30-15.00	ICSET 1 ROOM (Michelangelo 1)	<b>Joint ICSSSET/ICES discussion session</b> <i>Chairs: M. Conti (ICSSSET President), K. Ginn (Chair Scientific Committee ICSSSET)</i> Management of patients with degenerative rotator cuff tear: surgical or conservative treatment? <i>J.E. Khun (USA), H. Sugaya (Japan), A. Cools (Belgium), J. Gibson (United Kingdom)</i>	□
15.05-15.35	STEPHEN COPELAND ROOM	<b>Morrey Lecture</b>	■
15.35-16.05	COFFEE BREAK AREA	<i>Coffee break</i>	
16.00-17.30	ICSET 2 ROOM (San Pietro)	<b>Free papers:</b> Shoulder management 1 <i>Chair: I. Hultenheim-Klintberg (Vice President EUSSER)</i>	■
16.30-17.30	ICSET 1 ROOM (Michelangelo 1)	<b>Workshop</b> Functional Outcomes and Expectations Following Total Shoulder & Reverse Total Shoulder Arthroplasty <i>M. Zens (USA)</i>	
17.30-18.30		EUSSER AGM	

## FRIDAY SEPTEMBER 8

TIME	ROOM	SESSION	
8.30-10.00	ICSET 1 ROOM (Michelangelo 1)	<b>Keynote address</b> <i>Chair: R. Dickinson (Vice President ICSSSET)</i> 1. Comprehensive management of throwing injuries in shoulder & elbow joints - <i>T. Muraki (Japan)</i> 2. The sticky elbow: how to prevent post-traumatic elbow stiffness: tips & tricks for physiotherapists <i>V. Jones (United Kingdom)</i>	■
10.30-12.00	ICSET 1 ROOM (Michelangelo 1)	<b>Workshop</b> Rotator cuff related shoulder pain: what's new in its assessment & treatment <i>F. Desmeules (Canada), J.S. Roy (Canada), D. Christiansen (Denmark)</i>	■
	ICSET 2 ROOM (San Pietro)	<b>Free papers:</b> Shoulder & elbow in sport <i>Chair: S. Balster (President SEPA)</i>	□
10.40-11.10	COFFEE BREAK AREA	<i>Coffee break</i>	
12.50-13.50	STEPHEN COPELAND ROOM	<b>Neer Lecture</b>	■
12.50-13.30		<i>Luncheon Sessions</i>	
13.30-14.30	ICSET 2 ROOM (San Pietro)	<b>Free papers:</b> Shoulder management 2 <i>Chair: H. Ishilawa (JSS member)</i>	■
	ICSET 1 ROOM (Michelangelo 1)	<b>Workshop</b> Strength testing of the shoulder using a hand-held digital dynamometer - <i>R. Lenssen (Australia)</i>	■
14.30-16.00	ICSET 1 ROOM (Michelangelo 1)	<b>Focused Symposium</b> Shoulder instability: what is the role of physiotherapy in improving clinical outcome? <i>K. Ginn (Australia), A. Jaggi (United Kingdom), M. Olds (New Zealand), A. Seitz (USA)</i>	■
16.10-16.30	STEPHEN COPELAND ROOM	<b>ICSSSET/ICES Closing Ceremony</b>	■

### COLORS LEGENDA

COURSES TO BE PAID APART

ICSET CONGRESS MODULES

ICES + ICSET MODULES

ICES MODULES

COMBINED CERIMONY